



Join **School Boards**
Transforming The Lives Of Students
With **Developmental Disabilities**

FOUNDER'S CLUB - LET'S GO FITNESS

FOUNDER'S CLUB

LET'S GO FITNESS

WWW.LETSGO.FIT

DANTE J.
WWW.LETSGO.FIT

LET'S GO FITNESS - DANTE J.

WWW.LETSGO.FIT

Our Secret: LGF Trainers with Developmental Disabilities



Success Story: Anthony Iocabelli

- 93% Teacher Satisfaction Rating
- LGF Trainer with Prader-Willi Syndrome
- Started as a student, completed certification and Co-op
- Teaches from his Group Home
- Taught over 700 sessions



Role Model, Certified, Paid

Program Overview

Structure

- Online through Zoom
- 30-minute sessions
- 2x per week
- No equipment needed

Available Programs

- **Let's Go Strong**
Strength training (Most popular)
- **Let's Go Sports**
Sports themed
- **Let's Go Safari**
Animal themed
- **Let's Go Flow**
Mindful movement

Program Length Options

- Intro (10 Weeks) – 1 Program
- Semester (16 Weeks) – 2 Programs
- Year Round (30 Weeks) – 3 Programs

Building Success Together

- **Career Pathway**
- **Physical & Mental Health**
- **Developmental Progress**

- **Easy**
- **Multiple Teaching Objectives**
- **Professional Development**
- **IEP Support & Observational Time**
- **Progress Reports & Teacher's Manual**

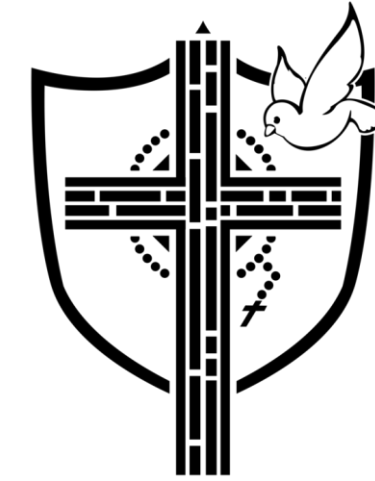
- **Multiple Mandates**
- **Multiple Funding Pathways**
- **Long Term Benefits**
- **Cost Effective**

- **Empowering Students With Developmental Disabilities**

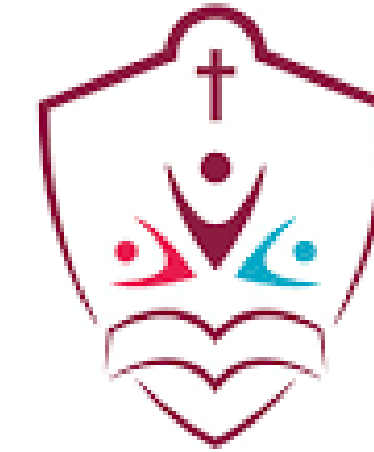




A Few Of Our Growing Community



BISHOP REDING
CATHOLIC SECONDARY SCHOOL



Algonquin & Lakeshore
Catholic District School Board



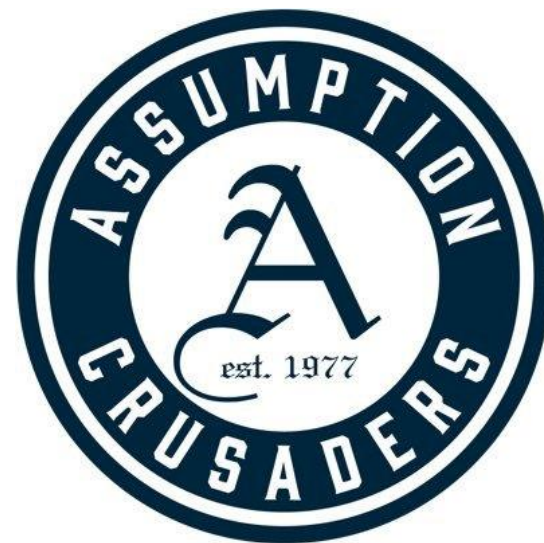
“Having fun keeping active with Let’s Go
Fitness! Way to go! HCDSB”



~ Stephany Balogh
Superintendent Special Education, HCDSB



ST. FRANCIS XAVIER
CATHOLIC SECONDARY SCHOOL



HOLY TRINITY
CATHOLIC SECONDARY SCHOOL



93% Teacher Satisfaction

Get Started Today

Apply Now For Pilot Program

keegan@letsgo.fit

www.letsgo.fit

416.400.7810

LET'S GO !!!

